

Hawaii MARINE SPORTS

HAWAII MARINE C SECTION

AUGUST 19, 2005



Cpl. Megan L. Stiner

Fighters Unlimited Boxing Club's, Francisco Maldonado stretches out to take a shot at his opponent Matthew Monkewicz, during the boxing tournament, Friday, at Kahuna's Bar & Grill Ballroom.

Base fighters duke it out

Cpl. Megan L. Stiner
Press Chief

Fans filed into Kahuna's Sports Bar & Grill Ballroom, Friday, eager to witness several matchups between local-area and base boxing teams such as Marine Corps Base Hawaii, Kaneohe Bay's Fighters Unlimited Boxing Club.

The bouts began with fighters 16 and younger who dueled it out in the ring.

The super-, middle- and lower-weight class boxers put on quite a show for fans, as proven by the crowds enthusiastic cheering.

Once the semi-main events started, the fan's applause was intermingled

with jeers from rival team supporters, which gave way to the fact that the real action had begun.

Carlos Mora, Fighters Unlimited B.C., was K-Bay's first competitor to take the ring, going up against Andrew Matsuda from Kawano/Tiki Entertainment Boxing Club.

Both power-hitter fighters had techniques that resembled one another: slow, steady, rhythmic footwork with an occasional burst of adrenaline that lead to a few harsh jab and hook combinations.

Matsuda landed the first big blow in the second round with a left jab that left Mora's nose a bloody mess. The fight was suspended as trainers

cleaned up the blood, causing the crowd to begin chanting, "Let them fight."

Mora came back in the ring, gaining him respect by landing a few power hooks before the second-round bell sounded the end of the round.

With one round left, Matsuda left nothing to chance and came in the ring with more speed than he had previously displayed and secured his win with a slew of combinations against Mora, who took the brunt of the blows as if they hardly fazed him.

In the end, the fight set the stage for the other K-Bay boxers who may not have all walked away victorious, but proved to the fans they were there

until the third bell tolled and were more than prepared to put on a good show -- knockdowns, bloody noses and jeers included.

Fighters Unlimited fans were riled up when hopeful crowd favorite to be, Jason Ramseyer, took the ring. Their cheers were quickly quieted, though, when the referee announced a walkover forfeit on Ramseyer's opponent's part. Although he was awarded the win, his supporters were disappointed at the idea of not getting to see him fight.

Timothy Riffe, Fighters Unlimited, was K-Bay's next fighter to enter the ring against Palolo Boxing Club's Darius Ursua, starting off the first of

four main events of the night. Although their techniques were nearly as equally matched as Matsuda and Mora's, they were both quicker and were more apt to throw out lone hooks and jabs rather than combos.

The first round left the crowd not knowing which fighter would end the bout with his hand held in victory as they both danced around the ring, seemingly examining each others moves.

Round two provided the crowd with more excitement as the boxers began to work each other's weak points and land their punches. Ursua

See BOXING, C-4

VP-47 dominates 101 Days of Summer tourney

Sgt. Joseph A. Lee
Sports Editor

The 101 Days of Summer Basketball tournament came to a close, Aug. 11, at the Semper Fit Center when the intramural basketball champs, Patrol Squadron 47 took the championship game over 3rd Marines, 60-49.

At the start of the game, it looked to be a well-matched game, as 3rd Marines and VP-47 were neck and neck through the first half. Tied at 11 within the first few minutes, VP-47 guard

Travis Carter repeatedly fed the ball to Eric Zwitt who was able to capitalize on several possessions. Tony Rogers, center for 3rd Marines, was literally the center of their game with a good chunk of the first-half points, and the only person continuously putting VP-47 on their heels.

"We were just getting warmed up," said Carter. "We got the ball around during the first half and did exactly what we planned on doing coming out there, and that was spreading the ball around."

At the close of the first half, VP-47 jumped up by one when Carter found Keith Morgan for three — just a taste of what was to come in the second half.

Starting the second half off right, 3rd Marines exploded onto the court with a quick six points to gain the lead, but were immediately silenced when Morgan, Carter and Shaw Ballentine all swished three-pointers.

To counter the distant assault, Rogers stayed inside for 3rd Marines, where he could do some damage, but the rest of the 3rd Marines team tried to fight fire with fire, unsuccessfully, and shoot for the three. While a spark could hardly be generated for 3rd Marines, the flames were so hot on the VP-47 side that Carter and Morgan couldn't even get near the hoop. They were forced to launch their shots from the three-point line, and according to Carter, if they had gotten any closer to the hoop, they could have been severely burned from the heat generated by all the ball-net friction.

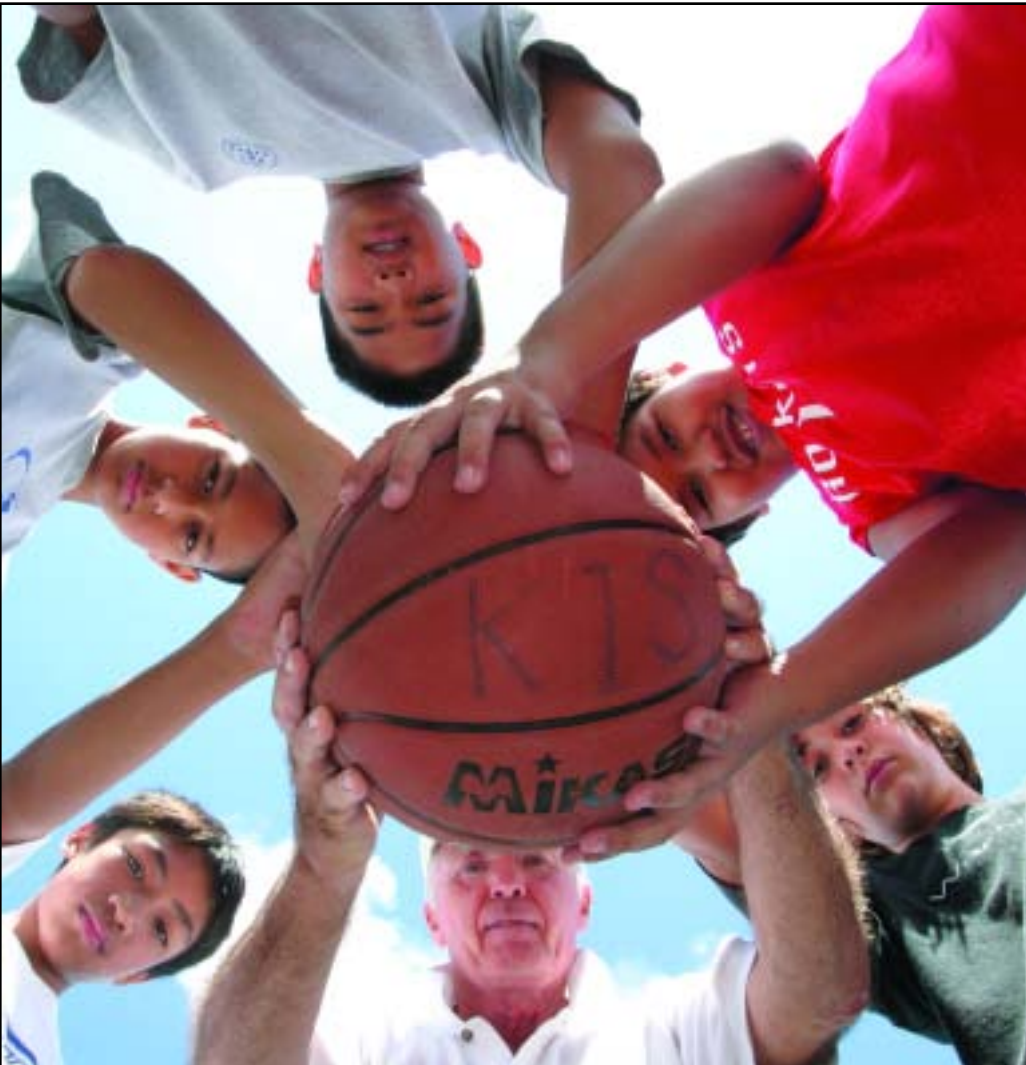
"It was like being an NBA player at a carnival shoot out," said Carter. "I'm just wondering when I get my giant stuffed-animal prize."

Before the 3rd Marines team could say, "cotton candy," the VP-47 team had jumped to a 13-point lead, and was doing everything they could to catch up, even though every shot from beyond the key found nothing but rim.

Paul Stewart of 3rd Marines was able to connect briefly with Rogers, on a short burst of

See VP-47, C-5

United youth



Sgt. Joseph A. Lee

Dr. Charles "Chic" Hess, basketball coach at Kailua Intermediate School (bottom center), gathers with a group of his basketball players after practice on Monday. Hess is a three-time High School Coach of the Year, two-time Hawaii Small College Coach of the Year, 1991 KODAK National Association of Basketball Coaches Junior College Coach of the Year and author of the book, "Prof Blood and the Wonder Teams: The True Story of Basketball's First Great Coach." Hess, who is referred to by some in the local area as Kailua Intermediate's best kept secret, is looking for military and local children to join together on his basketball team and learn everything he has to teach about basketball, beginning with the fundamentals. Clockwise from Hess, is Casey Chai, Tre Stagner, Kevin Leong, Anthony Lorenzo and Luis Valenzuela. See page C-3 for the whole story on Coach Hess.



Sgt. Joseph A. Lee

Keith Morgan, VP-47, finishes off 3rd Marines with a reverse layup, Aug. 11, at the Semper Fit Center during the 101 Days of Summer Basketball Tournament championship game. The final score was 60-49, and Morgan finished the game with 18 points, most from beyond the three-point line.

BASE SPORTS

Thursday

Health, Wellness and Fitness Fair — Stop by the Semper Fit Center between 10 a.m. and 3 p.m. for the Health, Wellness and Fitness Fair. Individuals who sign the registration sheet and check out displays and information encompassing all areas of fitness and healthy lifestyles. The fair will host everyone from the Semper Fit Center's aerobics instructors and personal trainers to Marine and Family Services' staff educating patrons on the subjects of stress management. The Health Promotions Van from Pearl Harbor will also be on site with information and promotion novelties for all ages.

Friday & Aug. 27

SM&SP Dodge Ball Tournament — The Single Marine & Sailor Program never drops the ball on having fun, and August looks like no exception. In addition to its exciting clubs and programs, the SM&SP will also be hosting a dodge ball tournament, Friday, at Camp Smith and Aug. 27 at Kaneohe Bay. The Camp Smith tournament runs from 11 a.m. to 1 p.m. at the Camp Smith Gym, and the Kaneohe Bay tournament will be held at the Semper Fit Center from 10 a.m. to noon. Put together a six-person team and start practicing now. Both tournaments cost \$20 per team and are open to all eligible SM&SP patrons and invited Staff NCOs. The Single Marine & Sailor Program is a highly energized program with a singular mission: to address and enhance the quality of life for single Marines and Sailors in a measurable manner. This is accomplished through six core components: quality of life, recreation, health and wellness, community involvement, life skills and career progression. The SM&SP is open to all unaccompanied E-1 to E-5. The program office is located in Building 1629 and can be reached by calling 254-7593.

Sept. 3

Single Marine & Sailor Golf Clinic — The Kaneohe Klipper will offer a Single Marine & Sailor Golf Clinic, for four consecutive Fridays beginning Sept. 26 from 5:30 to 6:30 p.m. Teaching Professional Jon Radke, will instruct single Marines, Sailors or any unaccompanied personnel, on the basic principles of the swing, rules, golf etiquette, and proper care of the course and equipment.

Experience not necessary. All participants need is an interest in the game of golf. The cost is \$40 per student, and the class is limited to 15 patrons. Register at the Klipper Pro Shop, or call 254-1745.

Kaneohe Klipper Accepting Applications — The Kaneohe Klipper is now accepting registrations for a Scoring Clinic, to be held on three consecutive Saturdays beginning Sept. 3, from 10:30 to 11:30 a.m. Mo Radke, teaching professional will focus on the practices and procedures that will help you to reach your "next level" by managing your golf game and practice behaviors. He will also instruct on the skills needed for continued improvement including routine, practice fundamentals, shot making, damage control, mental attitude and the USGA rules advantage. The requirement for the clinic is a consistent 18-hole score of 105 and below. The cost is \$50 per student. The class is limited to 15 students, so register now at the Klipper Pro Shop, or by calling 254-1745.

Sept. 7

Football Season Opener — The fall season brings Intramural Tackle Football back to Marine Corps Base Hawaii. Opening day will be Sept. 7 with the first game's kickoff at 6 p.m., only at Kaneohe Bay's Pop Warner Field. Games will run throughout the season on Mondays, Wednesdays and Thursdays. If you're not playing, don't miss out on the hard-hitting action by supporting your unit's team. For details, call 254-7591.

Sept. 21

Camp Smith Grueler — Race over to Camp Smith for the 9th Annual Camp Smith 5K Grueler, Sept. 21, and show the mountain what you're made of. The run begins at 11:30 a.m. around Bordelon Field and winds throughout Camp Smith's rugged mountainous terrain finishing at the panoramic Sunset Lanai. Registration fees are \$15 for individuals and \$60 for six-person teams, if registered prior to Sept. 14. Late registration will be \$18 for individuals and \$78 for teams. First-place awards for individual categories: ages 19 and younger, 20 to 24, 25 to 29, 30 to 34, 35 to 39, 40 to 44, 45to 49, 50 to 54, 55to 59, and 60 and older. Other categories are: top three for teams and top three

overall for men and women. Runners from Kaneohe Bay can take the free shuttle bus from K-Bay to Camp Smith on race-day. The shuttle will pick up runners at 10 a.m. at the Kaneohe Semper Fit Center and return them to the center after the race. Gatorade will provide refreshments for the race. To register, call MCCA Athletics at 254-7590/91 or call Camp Smith Athletics at 477-0498.

Ongoing

All Marine Golf — The All-Marine Golf Championships will be held Sept. 11 to 17 at Parris Island, S.C. Marines will be chosen to participate in a 72-hole medal tournament. The top six men and top three women will proceed to the Armed Forces Championship, held Sept. 18-24, also at Parris Island. Marines interested in competing must submit applications by Sept. 1. Applications must include proof of current handicap (four or lower for men, 14 or lower for women), and command endorsement stating authorized availability to attend both events. Call 254-7590 for further information

Commander's Cup Bowling League — The Commander's Cup Bowling League has kicked off, but it is still not too late to get your team registered. The league runs Mondays at 6 p.m. until Jan. 9 at K-Bay Lanes. The weekly cost is \$8 and a one-time sanction fee of

\$16 for men and \$15 for women will apply. For more information, call 254-7693.

Youth Sports Registering Now — MCCA Youth Activities is currently registering youths of all ages for an array of sports programs. Flag football, cheerleading and in-line hockey are all registering through today. YA programs allow youths to use their time wisely, build their self-esteem through team play and have fun with sports. Youth Activities leagues are open to dependents of all active duty, reservists, National Guard and Department of Defense civilian employees. The Flag Football and Cheerleading leagues are open to those born between 1990 and 2000 and include different league formats for the different age groups. The leagues run from Sept. 7 through Nov. 5. The Flag Football League costs \$50 for Youth Activities members, and \$60 for nonmembers. The Cheerleading League costs \$85 for YA members and \$95 for nonmembers. The In-line Hockey League Opening Day Ceremony will take place at the new rink, adjacent to the Pop Warner Football Field, and marks the beginning of the season. The league is open to 16-year-olds and costs \$75 for YA members and \$85 for nonmembers. If you are interested in becoming a coach, contact the YA Office anytime. The cost to join Youth Activities is \$25. Membership is \$15 for each additional child, annually. Youth Activities mem-

berships offer numerous benefits throughout the year, including free entry to different YA events, access to YA programs, a Boy's and Girl's Clubs of America membership and an open invitation to our facilities such as the Youth & Teen Center. Youth Activities programs are made possible from the support of Windward Community Federal Credit Union. Sign your youngsters up now at Youth Activities, Building 5082, Monday through Friday from 9 a.m. until 5:30 p.m., or call 254-7611. Camp Smith and Manana Housing Youth Activities programs are also available and can be reached at 456-1662.

Parents for Fitness — This cooperative baby-sitting effort is available at the Semper Fit Center for children 6 weeks and older. All active duty service members and their families may participate. Call 291-9131 for more information.

Paintball Hawaii — Weekend single-day cost is only \$25 per person, and the fee includes one air refill, equipment and the field fee. Call 265-4283 for Friday appointments.

Massage Therapy — Massage therapy, by certified massage therapists, is available at both Kaneohe Bay and Camp Smith. Appointments are available by calling the K-Bay Semper Fit Center at 254-7597 or Camp Smith at 477-5197 during regular business hours, Monday through Friday.

Semper Fit Group Exercise August 2005

Monday
8:45 – 10 a.m. — Step 2 It
11:45 a.m. – 12:15 p.m. — Gut Cut
4:45 – 5:45 p.m. — Cycling (\$3/\$1 active duty)
6:45 – 7:45 p.m. — Pilates
10 – 11 p.m. — Aikido (\$35 per month)

Tuesday
6 – 7 a.m. — Cycling (\$3/Free to active duty)
9:30 – 10:30 a.m. — Yoga
5 – 6 p.m. — Cardio-Kick

Wednesday
6 – 7 a.m. — Circuit Training
8:45 – 10 a.m. — Step Challenge
11:45 a.m. – 12:15 p.m. — Gut Cut
4:45 – 5:45 p.m. — Cycling (\$3/\$1 active duty)
6:45 – 7:45 p.m. — Pilates
10 – 11 p.m. — Aikido (\$35 per month)

Thursday
6 – 7 a.m. — Cycling (\$3/Free to active duty)
5 – 6 p.m. — Cardio-Kick
6 – 7 p.m. — Step

Friday
6 – 7 a.m. — Strength & Stretch
8:45 – 10 a.m. — Step/Kick
11:45 a.m. – 12:15 p.m. — Gut Cut
4:45 – 5:45 p.m. — Cycling (\$3/Free to active duty)
5:45 – 6:45 p.m. — Pilates
10 – 11 p.m. — Aikido (\$35 per month)

Saturday
10 – 11 a.m. — Water Aerobics (Base Pool)

Note: A book of 10 single-class coupons for \$2 each can be purchased for \$15 at the Semper Fit Center.

COMMUNITY SPORTS

HTMC Plans Moonlight Hike

Saturday evening, join the Hawaiian Trail and Mountain Club on a three-mile, novice ridge hike of Kaiwa Ridge in Lanikai. One enchanted evening we'll find, across the hills of Lanikai, a trail overlooking the moon over the Mokulua Islands. Prepare for this lovely moonlit evening hike with a light jacket (can be windy) and a flashlight (some steep dropoffs). Meet at Kailua Beach Park parking lot across from Buzz's Steakhouse at 6 p.m. Reach coordinator Carole at 596-4864 for more information. A \$2 donation is requested for each non-member age 18 or older. A responsible adult must accompany children under 18. Bring lunch and water on all hikes and wear sturdy shoes and clothing. Firearms, pets, and radios or other audio devices are prohibited on hikes. For more information, check out the HTMC Web site at www.geocities.com/Yosemite/Trails/3660.

Sunday Polo at Waimanalo

Gates open at 1 p.m., Sunday, with games kicking off at 2:30 p.m. for Naturally Hawaiian League play of the Honolulu Polo Club's 2005 season at the polo fields across from Bellow Air Force Station. Cost is \$3, children 12 and younger are free. Event-goers with a military ID enter for free, as honored guests. The ponies will be available for children to visit after the matches. For more information about the Honolulu Polo Club or upcoming matches, visit www.honolulu polo.com.

State Offers Outdoor Education

The Hawaii Department of Land and Natural Resources is offering education classes to the public. Subjects covered include firearms and archery safety; survival and first aid; wildlife identification; and conservation, regulations, game care and outdoor responsibility. Attendance at two sessions is required for certification. Classes are open to anyone 10 and older — not just hunters who enjoy the outdoors. The next two-day session is Friday from 5:45 to 10 p.m. and Aug. 27 from 7:45 a.m. to 4 p.m. in Classroom A-212A at the Nimitz

Business Center, 1130 North Nimitz Hwy. Drive up the ramp to the classroom, which is the first room on the right. A picture ID is required for entry to the sessions. For more information about outdoor education, or to sign up for this course, call 587-0200 or visit www.hawaii.gov/dlnr/welcome.html.

Second Annual Run/Walk for HUGS

The Second Annual June Jones Foundation 5K Run & Walk will take place Aug. 27 at Cooke Field on the University of Hawaii campus. Proceeds from the run/walk will benefit Help, Understanding, & Group Support, an organization that enhances the quality of life for Hawaii's seriously ill children and their families. The run will begin at 8:30 a.m. and the walk at 8:45 a.m., rain or shine. Each participant will receive a T-shirt. Medals will be presented to the top three male and female athletes in the run and walk in all age groups. All registrants will be eligible to win great raffle prizes and watch a closed University of Hawaii Rainbow football practice following race. UH players will also be on hand to sign autographs. If registering by Thursday, costs are \$25 for adults (\$30 on race day) and \$20 for children and students (\$25 on race day). Participants can register online at www.JuneJonesFoundation.org or mail the registration form to: P.O. Box 11330, Honolulu, HI 96828. For more information visit www.JuneJonesFoundation.org.

Marathon Training for Women

Try Fitness hosts a 14-week training to help female athletes get ready for the Honolulu Marathon in December. Session dates are Aug. 28 through Dec. 11. Training is Tuesdays and Thursdays from 5:15 to 7:30 p.m. and Sundays from 7 to 9 a.m. Orientation is at the Ward Entertainment Starbucks on Aug. 27 at 8 a.m. Cost: \$390 plus tax. Contact Try Fitness now at 946-0346 or send an e-mail to tryfitness@hawaii.rr.com.

Surf Camp for Girls

Have you ever wanted to learn to surf or try yoga? Now is your chance to come join Billabong's team riders as they teach you some

surfing skills, yoga moves, talk about nutrition and eating right for staying in shape for surfing. All participants will be provided a healthy lunch, use of surfboards, and a cool goodie bag filled with all kinds of Billabong gear, MOP hair products, and other great stuff. On Aug. 30, Billabong will hold the final Beach Bash Day in Honolulu with Tony Moniz camps. Join us at Queens for surfing with the Billabong team riders, yoga and nutrition by Peggy Hallowell. Lunch is provided so just bring your suit, sunscreen, and be ready to have fun! Sanoe Lake will be there signing her just released learn to surf book "Surfer Girl, A Guide to the Surfing Life." Each instructor is CPR certified, and is trained in lifeguarding skills, first aid, and water safety. The camps have a four to one student to instructor ratio. The camp is for girls 15 and older only and will run from 8:30 a.m. to 2 p.m. The cost is \$35. Register online at www.active.com or visit www.billabongcamps.com for more information.

Waikiki Roughwater Swim

The 36th Waikiki Roughwater Swim will start from Sans Souci Beach, Sept. 4. The course runs out the Kapua (Outrigger Canoe Club) Channel, across Waikiki, and into the Hilton Hawaiian Village Hotel Channel. The course will be marked by flags every few hundred meters and will total 2.348 miles. Registration cost is \$27.50. To register and for more information visit www.wrsim.com or www.active.com.

Bellows Offers Adventure Programs

Whether you are spending a few weeks or just visiting for the day, check out any of the following weekly Bellows Outdoor Adventures programs. Call the Turtle Cove office at 259-4112 from 8 a.m. to 8 p.m., or visit www.bellowsaifs.com. •*Saturdays at 8 a.m., Morning Paddle:* Take the guided kayak tour to the Mokulua Islands, which offers the opportunity to see birds up close in their natural habitat. Cost is \$14. Advanced skill level is required. •*Sundays at 8:30 a.m., History Tours by Bike:* Ride mountain bikes for an extensive seven-

mile, three-hour, guided tour of Bellows AFS. Wear closed-toe shoes. Cost is \$15 for bike and helmet rental. •*Mondays at 8:30 a.m., Hike to Makapuu:* Take a moderate 2 1/2-mile round-trip hike to the Makapuu Lighthouse. Hikers will be rewarded with awesome views of Koko Crater, Diamond Head and Waimanalo Bay. Wear closed-toe shoes. Cost is \$8 for adults and \$5 for children 12 and younger. •*Wednesdays and Fridays at 8:30 a.m., Snorkeling Tour:* Discover the magnificent underwater world of the ocean at a nearby undisturbed reef. Transportation, instruction and snorkeling equipment are included. Cost is \$15 for adults and \$8 for children 12 and younger. •*Wednesdays and Thursdays at 1 p.m., Kayaking Lessons:* Master ocean-kayaking skills, including water safety and efficient paddling techniques in this two-hour class. The class is free with a day kayak rental. •*Thursdays at 9 a.m., Beach 101:* See fascinating natural phenomena as you wade across seaweed-covered reef flats and rock tide pools. This is an educational experience for the whole family. Be sure to wear comfortable footwear, a hat, swimsuit, sunscreen, and bring water. Cost is \$8 for adults and \$5 for children 12 and younger. •*Thursdays at 8 a.m., Free Aloha Breakfast in the Recreation Center Lanai:* Find out about all the exciting programs and specials happening at Bellows. Enjoy a free continental breakfast and sign up to win door prizes. •*Fridays at 1 p.m., Bodyboarding Lessons:* Learn how to catch and ride the waves. Free day rental of boogie board is included in the \$5 fee. •*Miniature Golf:* One of the miniature golf courses on the island is the Bellows Mini-Golf Course. It is lighted and open for night play. Cost is \$4 adults and children 12 and younger. For more information, log on to www.bellowsaifs.com. •*Driving Range:* Next to our mini-golf course is a driving range. Clubs and buckets of golf balls are available for rent.

Hawaii Marine Accepts Briefs

To post sports and recreational briefs in the *Hawaii Marine*, e-mail requests to editor@hawaiimarine.com or call 257-8835.



The Bottom Line

(Editor’s Note: “The Bottom Line” is the **Hawaii Marine’s** weekly sports commentary from two sports aficionados who rarely see eye-to-eye when it comes to America’s one true obsession — sports. Chances are you’ll either agree with one of their takes or disagree with both. The **Hawaii Marine** welcomes your e-mails of no more than 250 words. We will print the top comment of the week from our readers. Send “Readers Strike Back” comments to editor@hawaiimarine.com. Remember, “If you don’t speak up, you won’t be heard.”)

Is T.O. worth the trouble?

Sgt. Joe Lindsay

The Goat

“First they came for the Jews. I was silent. I was not a Jew. Then they came for the Communists. I was silent. I was not a Communist. Then they came for the trade unionists. I was silent. I was not a trade unionist. Then they came for me. There was no one left to speak for me.”

— **Martin Niemöller**

Terrell will speak for you Mr. Niemöller. After all, isn’t Terrell’s contract battle with the Philadelphia Eagles less about his own personal financial gain then it is about the security of not only his immediate family, but also of their family’s family’s family’s families?

And when you really think about it, this in and of itself should be enough to recast T.O.’s image from a greedily covetous athlete to a philanthropic role model trying to take care not only of his family, but to better the working conditions and pay of the de facto sweat-shop that is the National Football League.

In this sense, Mr. Owens is not unlike the trade and labor unionists of the late 19th and early 20th centuries who stood for the solidarity of working men, women and children, many of whom toiled all day in factories, slaughterhouses, coal mines and fields for little more than a pittance with which to subsist on.

A coal miner making \$1.25 per day deep inside the Earth somewhere outside Pittsburgh in 1898, is really not all that far

off from what Terrell is going through right now. Given inflation, Terrell’s \$7 million per year salary seems to echo the economic pain of multitudes of our silent heroes snuffed out before their time by the black lung.

Athletes, as a rule, much like coaling miners, have relatively little prospect of a long career. Terrell is nearly 32 years old, and the current contract he is under will likely take him to the end of his playing days. It seems more than just a little coincidental that the first indentured servants brought to America were forced to work for seven years to pay off their passage. Terrell’s paltry seven-year, \$49-million contract reeks of the same stench of inequity.

Bottom Line: Terrell Owens is acting like a punk. He is one of those rare superstar athletes who, no matter how amazingly good they are, (and make no mistake, Terrell Owens is a truly great receiver), are still not worth the trouble.

The only athlete ever in any sport who could even think about getting away with what Terrell is pulling right now is probably Michael Jordan. And then again, if MJ acted like T.O., then he wouldn’t be MJ. He wouldn’t have six rings, and he wouldn’t be mentioned in the same sentence with Zeus, Apollo, and Ares.

Instead, he would have zero rings and would be mentioned in the same sentence as “Desperate Housewives” co-star Nicolette Sheridan, wardrobe malfunction queen Janet Jackson, and “Punk’d” host Ashton Kutcher. He would be Terrell Owens.

Kristin Herrick

The Cheese

Jerry Maguire: That’s great. I’m very ... happy.

Rod Tidwell: That’s what I’m gonna do for you. God bless you, Jerry. Now this is what you’re gonna do for me. You listening?

Jerry: Yeah, yeah, what can I do for YOU, Rod?

Rod: It’s a very personal, very important thing. Hell, it’s a family motto. Now are you ready? Just checking to make sure you’re ready, here it is — show me the money. OHHH! SHOW! ME! THE! MONEY! Doesn’t it make you feel good just to say that, Jerry? Say it with me one time brother!

Jerry: ... Show you the money.

Rod: Oh, come on, you can do better than that! I want you to say it brother with meaning! Hey, I got Bob Sugar on the other line. I better hear you say it!

Jerry: Yeah, ye — no, show you the money!

Rod: Ah! Not show YOU! Show ME the money!

Jerry: Show me the money!

Rod: Yeah, that’s it brother, but you got to yell that *%#!

Jerry: Show me the money!

Rod: Louder!

Jerry: Show me the money!

The Cheese searched and searched and couldn’t find out how much moola Cuba Gooding Jr. got paid to play second-rate receiver Rod Tidwell in “Jerry Maguire.” My guess, however, would be that he made some-

where in the neighborhood of \$7 million.

I feel sorry for T.O., I really do. Under his current contract with the Philadelphia Eagles, Terrell would receive a mere \$7 million per year for being one of the top receivers in the NFL. In the movie industry, top actors such as Tom Cruise and Tom Hanks can negotiate upwards of \$25 million per picture. Theoretically, one of these actors could pretend to be a receiver like T.O. on the big screen and rake in nearly four times as much as Owens makes for one season of the real thing.

As much as Terrell wants his agent, Drew Rosenhaus, to show him the money, I think he also just wants a little recognition. His fans love him, his critics love to slam him, but however one feels about T.O., they have to admit he’s a killer football player. Cuba won an Oscar for his role in “Jerry Maguire;” T.O. has yet to become the first receiver to be named the NFL Most Valuable Player.

Bottom Line: True, T.O. could handle himself less like a middle schooler chosen last for a courtyard game of flag football, but he is underappreciated in Philly and in the NFL. Receivers league-wide are underappreciated for that matter. Terrell knows some team, somewhere will pay up and, with that bargaining power, he can afford to act like an adolescent. Owens majored in merchandising; he knows there’s no such thing as bad publicity, he also knows that without him, McNabb has no one to throw to.

If his pro football career falls short, T.O. could always act.

quotable

“The only thing that will keep Terrell Owens from being the best is Terrell Owens.”

— 49ers Receivers Coach George Stewart



IN YOUR LIFETIME, YOUR
ODDS OF MAKING A
HOLE-IN-ONE ARE 1 IN 12,000.
YOUR ODDS OF DEVELOPING
SKIN CANCER ARE 1 IN 5.

More than 1 million Americans will be
diagnosed with skin cancer this year.
“Do your skin a favor — wear a
broad-spectrum sunscreen with an
SPF of 15 or higher and my personal
favorite, wear a wide-brimmed hat.”
-Grag Norman



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You Drink.
You Drive.
You Lose.



BOXING, *From C-1*

gained the advantage early on with continuous left hooks to the right side of Riffe’s face.

Riffe then changed his technique and fought back against Ursua with two bursts of combinations taking their toll on Ursua’s body. The sudden adrenaline rush was not able to bring his opponent down, though, as Ursua came back strong with more jabs and hooks.

Both fighters knew the third round would be the deciding factor that would determine the win, and they both entered the center of the ring with more intensity than previously displayed.

Hooks and jabs continued to connect to their opponent’s faces, but blocks were also thrown up ever so often to soften the blows. Nearing the end of the round, Ursua landed a vicious left hook that secured the win — seconds before the bell rang.

Fighters Unlimited’s penultimate fighter, Tucker Stokley, took on Palolo’s Ryan Friskel in what proved to be the most suspenseful bout of the evening.

Both middleweight boxers who are short in stature, made up for their size in muscle and speed. Those not watching carefully missed a knockdown blow by Friskel that sent Stokley to the mat. Even the fighter himself didn’t see the quick hook until it was too late.

“I can’t say I remember it all that well,” explained the former Marine Corps sergeant. “I just remember getting up and continuing on with the fight.”

Stokley came back with a few combination hits, but Friskel’s earlier knockdown punch kept his confidence high as he held his ground landing jabs and hooks to Stokley’s face and body.

Round two began as if it were the beginning of the fight. Both boxers came into the center of the ring with the same speed and intensity they displayed during the first round.

With the crowds cheering and jeering, both coaches had to yell to try to give their fighters tips to improve their chance at a win. Stokley seemed to gain the advantage as Friskel’s intensity faded little by little in the second round.

During the minute between rounds, murmurs could be heard from the K-Bay side about whether or not Stokley could come back after the knockdown punch. More often than not, the answer seemed to be in favor of the Afghanistan veteran.

As the third round began, the crowd had to be pushed back because their excitement had caused them to get out of their seats and push towards the edge of the ring. Although the crowd was finally moved back, fans’ voices remained loud, determined to encourage their fighter.

The third round began as either fighter’s bout, but as time went on, Stokley gained control of the ring, as Friskel seemingly grew weary and lost his intensity. Stokley’s hooks, more often than not, made contact and when threatened by a jab, he was quick to throw up a block.

The K-Bay crowd agreed with the win and some even jumped up and down when Stokley’s arm was raised in victory.

The final fight between Fighters Unlimited’s Francisco Maldonado and Kawano/Tiki Ent. B. C.’s Matthew Monkewicz, proved to be the first fight that appeared to be won during the first round alone.

Maldonado’s calm, relaxed demeanor may have given Monkewicz the wrong impression of Maldonado — an impression that cost him the fight.

Although Maldonado may have come across as being slow and far from intense, his rhythmic manner soon gave way to a technique unseen by fans until then.

Methodically he moved around the ring, taking several jabs to the face, reacting with not so much as a frown. Maldonado didn’t throw any power hits until the end of the first round when he landed several hard body shots, weakening his opponent’s guard.

The second round remained slow, yet the intensity of both fighters seemed to take a turn for the better as the movement in the ring increased with both fighters throwing out jabs and blocks.

The third round secured the win for Maldonado, who had already made his impression on his opponent. His combinations and body shots continued to weaken his opponent, making it apparent that he had the fight in control ever since they entered the ring.

With two losses, two wins on points and one win by forfeit, Fighters Unlimited made a hard impact on the outside boxing clubs after only two



Cpl. Megan L. Stiner

Timothy Riffe, member of Marine Corps Base Hawaii, Kaneohe Bay’s Fighters Unlimited Boxing Club, receives coaching in between rounds.

weeks of training prior to the fights.

“We had a good night,” said Fighters Unlimited’s Coach, Jack Johnson. “I don’t think any of our fighters were beat. Some of them didn’t win by points, but none of them were beat.”

Stokley’s first-ever boxing match made quite an impression on him, and he said he intends to continue with the intense sport for as long as he can.

“I didn’t even know what was going on in the ring,” he said. “I just kept fighting, and I could hear the crowd ever so often, which helped out a lot. I will definitely keep boxing.”

The next match at Kahuna’s is scheduled for late September. For more information on upcoming fights or joining the base boxing team, contact Jack Johnson at 292-2109.

Clinics change system

Press Release

Naval Health Clinic Hawaii

How many times have you seen a doctor who is not your assigned doctor? Have you ever even seen your doctor? And do the doctors you see really know you?

Here at Naval Health Clinic Hawaii, we strive to provide high-quality care and excellence to all enrolled beneficiaries. Our goal is to meet your needs and to better serve you. We know that by moving to an all-appointment based system and taking a physician team approach, we can better serve you and your health care needs.

So, starting Monday, NHCLH began a new way of doing business that will ultimately optimize the availability of appointments, make the appointment booking process more user friendly, and pay attention to your total health and well-being.

How you ask? Makalapa Acute Care Clinic and Primary Care Clinic merged to become the Family Practice Clinic. As all other clinics at Branch Health Clinic Makalapa and K-Bay are currently functioning, the Family Practice Clinic will see patients primarily by appointment only. Walk-in appointments will no longer be the standard, although we will still have the ability to address non-emergent patient care issues that require immediate attention.

This change will enable you to see your assigned doctor (Primary Care Manager) for almost every visit; enable your doctor to get to

know you and your health history, which will allow him or her to provide better, more consistent care for your individual health needs; schedule you with one of your doctor’s team members when he or she is unable to see you; allow your doctor to be informed when you have been seen by another team member and to know the outcome of your visit and follow up with you as needed; and offer weekend appointments for patients with acute needs.

Hours of operation will remain the same at BHC Makalapa and BHC K-Bay for both weekdays and weekends. See your respective clinic for more specific hours. For weekend acute appointments, call the following numbers before visiting the clinics: Makalapa Central Appointments: 473-0247; Makalapa Family Practice Clinic: 473-1880, ext. 266 or 219 (you will speak with a triage nurse). K-Bay Central Appointments: 257-2131 or call Makalapa Family Practice Clinic and indicate that you are calling for an appointment at K-Bay.

As always, be advised that there are no emergency services available at any clinic. Tripler Army Medical Center’s emergency room is for patients who think that they have a problem that requires immediate treatment. For life-threatening emergencies, the Federal Fire Department can be contacted by dialing 471-7116 or 471-7117; you may also dial 911 or report to the nearest hospital emergency room.

NHCLH knows that in the long run, patients will be pleased with the new way of business, because then they will receive the best care from their doctor.

A local educator’s goal to...

Unify local children through sports

Sgt. Joseph A. Lee
Sports Editor

KAILUA, Hawaii — Being a military child is an experience only those who have endured can understand or try to explain. The constant relocations to new and different education systems and peer groups can make it tough for a child to feel comfortable with his or her friends, and perhaps nothing is more important to a youngster than to feel comfortable at school or in their social group.

“There is a direct relationship with after-school athletics and success in school,” said Kailua Intermediate School Basketball Coach, Dr. Charles “Chic” Hess. “For military children, I believe the relationship is that much more defined, because that’s where most friendships and close bonds with classmates are made. Without that bond, military children can feel alienated at their school.”

Hess, a three-time High School Coach of the Year, two-time Hawaii Small College Coach of the Year, 1991 KODAK National Association of Basketball Coaches Junior College Coach of the Year and author of the

book, “Prof Blood and the Wonder Teams: The True Story of Basketball’s First Great Coach,” is currently coaching the “Junior Surfriders” basketball team at Kailua Intermediate School, and is looking for students who want to learn how to play basketball.

With an overall high school coaching record of 230 wins and 81 losses, Hess has coached basketball at most every level, including high school, junior college and at a four-year college. Parents refer him to as Kailua Intermediate’s best kept secret, because he brings local and military children together at KIS and teaches them how to enjoy the game of basketball.

“Teaching the fundamentals of basketball is my specialty,” said Hess, who was often referred to as the “Shot Doctor” for his ability to cure players’

shooting ailments. “Like any sport, basketball can teach good sportsmanship, proper behavior and discipline. It is my goal to find good kids who want to learn the sport, and then I will teach these children everything they ever wanted to know about basketball, and more -- starting with the fundamentals.”

Like strong social bonds, school pride is an issue that most military children have difficulty expressing, according to Hess, because they are not usually with one school throughout the normal term.

“The students who have parents in the military usually have plenty of options when it comes to after-school activities and facilities in which to play sports,” said Hess. “This is definitely a good thing, because it allows the children access to those after-school functions that are so important to a



Sgt. Joseph A. Lee
Coach Hess watches as student basketball player Casey Chai (left) dribbles past Anthony Lorenzo during practice Monday at Kailua Intermediate.



Sgt. Joseph A. Lee
Dr. Charles “Chic” Hess (left) instructs student Casey Chai on the triple-threat position while other members of the basketball team look on. From right to left in line, are Anthony Lorenzo, Kevin Leong, Tre Stagner and Luis Valenzuela.

child’s success, but, at the same time, they may be missing out on quality friendships and bonds with their fellow students. The feeling of school pride and potentially a diminished barrier between military and local

children can naturally be attained through after school sports.”

For more information about the Junior Surfriders basketball team, contact Dr. Chic Hess at 263-1500, ext. 303.

VP-47, From C-1

energy late in the first half to close the gap to 10, but once again Ballentine, Carter and Morgan teamed up to push out a bigger lead. At the end of the game, Carter finished it with one last three-pointer, to put the final score at 60–49. For VP-47, Carter finished with 21 points, Morgan with 18, and Ballentine with 13. For 3rd Marines, Rogers finished with 24 points — three times the score of the next highest on the 3rd Marines team, eight by Estrarsand DaSilva.

“We knew we were going to win,” said Carter after the game. “Really, they never had a chance to win. It was fun for the whole formality and everything, but c’mon — VP-47 is the intramural champion for a reason. If anyone’s surprised, they shouldn’t be.”

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Cpl. Rich Mattingly

Ted Newcomb, former Marine and surfer, surveys North Beach, Marine Corps Base Hawaii, K-Bay, as surfers prepare to take a lunch break out on the waves. Newcomb helped open North Beach to surfing in the late '60s, after returning from two tours in Vietnam. He was instrumental in fusing early, positive relations between the burgeoning Windward Marine community and locals by allowing access to the much sought-after swells off North Beach.

Former Marine recalls surfing legacy at K-Bay

Cpl. Rich Mattingly
Combat Correspondent

“It’s still amazing,” he said, looking out at the white-tipped azure swells off of North Beach on Oahu. “It’s been a long time, but it’s exactly how I remember it.”

When former Sgt. Ted R. Newcomb first saw the swells off what was then Marine Corps Air Station Hawaii’s flight line, he was on “rest and relaxation” orders from Vietnam in 1967.

Responsible for distributing motor vehicle parts by helicopter throughout the country to Marine ground units in the late 60s, Newcomb participated in some of the heaviest fighting of the war. Field promoted to the rank of sergeant, the surfer who got his first professional gig when he was 14, earned a reputation for being tough under fire — despite his relaxed demeanor.

“Every morning I’d surf and see if I could open the beach for surfing that day,” said Newcomb during his recent return visit to Marine Corps Base Hawaii, Kaneohe Bay, explaining his job in the Marine Corps post-Vietnam as the noncommissioned officer-in-charge of allowing local surfers to access North Beach among other things. “It was incredible and the best thing that could have happened to me at the time.”

After his second tour in Vietnam, Newcomb was offered orders to Hawaii and jumped at the chance. He was originally assigned as the health and comfort noncommissioned officer for the Brig, but it wasn’t long before his talents for riding the waves were put to good use.

“A colonel had drowned just off of North Beach about six months before I came back to Oahu,” said Newcomb. “The beach had been closed, and it was causing some friction with the locals, since it was still state-owned property. The Marines wanted someone to open it up and take care of the beach.”

With duties as Beach Noncommissioned Officer, Newcomb was a busy man, despite having what most other Marine’s on base considered a “dream job.”

“I’d see Marines marching around in formation, and here I was with a nose coat and a surf board, going to work in a government jeep every morning,” laughed Newcomb. “I had long hair and almost never wore a uniform, because of what I did and the interaction I had to make with the locals — including weekly visits with the Mayor.”

Despite appearances necessitated by his position; however, Newcomb was pivotal in forging strong bonds with the community during his time at K-Bay. Called the “Pied Piper of North Beach” by many for the way he led surfers to the

waves every morning, he maintained a base access list for locals who wanted to surf the sought after “North Shore Swell” that North Beach catches.

“Tensions were high then because of Vietnam,” said Newcomb. “After we opened the beach up, though, everyone was really appreciative. It just got bigger and bigger and bigger with more and more people wanting to come on base all the time.”

Newcomb now lives in Costa Mesa, Calif., where he owns and operates a shoe store and still surfs every chance he gets.

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